



FEDERAZIONE ITALIANA
SPORT DEL GHIACCIO



SETTORE FIGURA - STAGIONE 2025/2026

REQUISITI TECNICI GARE ADULTI

Gare Nazionali - Internazionali e Interclub organizzate in Italia

Stagione 2025/2026

Approvato con Delibera n. 201/2025 del Consiglio Federale del 5 settembre 2025

TECHNICAL REQUIREMENTS

INTEGRATION for ADULT COMPETITIONS to be organized in Italy
(National and/or International/Interclub)

Technical requirements for all disciplines of the Adult Figure Skating competitions to be organized in Italy, both at national and/or international/interclub level, will follow the Technical Requirements for ISU Adult Figure Skating Competition season 2025/2026 (see relevant website). <https://isu-skating.com/figure-skating/events/adult-skating/>

In order to grant a higher number of adult athletes' participation at least in the Italian competitions, the Italian Adult Committee, with the approval of the Italian Figure Skating Federation (F.I.S.G.), has applied a change concerning the composition of the Synchro Teams and will grant the inclusion of the YA class.

We confirm that in all Ice Dance categories entries can be done in one or more segments, but at the same level as per ISU Technical Requirements for Adult skaters (eg: Bronze Pattern, Bronze Free).

ALL CHANGES vs official ISU and/or Italian Technical Requirements are here below specified:

SYNCHRONIZED SKATING

All members must have reached **the age of 18** before July 1st preceding the event. The Synchro Teams can be composed by a minimum of 8 skaters and a maximum of 16 skaters (may include both ladies and men), with a maximum of 4 alternates.

SOLO DANCE

In Solo Dance the YA class all skaters must have reached the age of 18 before July 1st preceding the event and must not have reached the age of 28. Age categories for all other classes are unchanged as per ISU Adult Technical Requirements Announcement. Each skater will be able to choose which competition to take part in (Pattern Dance and/or Free Dance).

FREE/ARTISTIC - SINGLE (NO pairs)

In Free/Artistic single the YA class all skaters must have reached the age of 18 before July 1st preceding the event and must not have reached the age of 28. Age categories for all other classes are unchanged as per ISU Adult Technical Requirements Announcement. Each skater will be able to choose which competition to take part in (Free and/or Artistic).